


British Vets 2016

Competition

Handbook

Version history

The British Vets 2016 Organiser reserves the right to make amendments to this handbook.

Notification of a change to the handbook will be communicated through the British Gymnastics website  and an updated version will be made available to download at the time of change.

All versions will be listed on this page, with reference to amendments made:


Version 6.0 – details of team entries added.

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Definition of terms

- **BG** means British Gymnastics.
- **DBS** means Disclosure and Barring Service (previously CRB).
- **CPSU** means Child Protection in Sport Unit.
- **Organiser** means the National Competition Organiser (NCO) or their designated representative, who is authorised by, or on behalf of BG.
- **FIG** means Federation International de Gymnastique.
- **Code** means the Code of Points used for the competition, from which all technical information and regulations are taken.
- **Championships** means any British Championship organised by or on behalf of BG.
- **Event** means any national competition and championships organised by or on behalf of BG.
- **Supervising Coach(es)** are those coaches submitted in the online entry process and who are responsible for the gymnast(s) for the entire event. This coach must have the relevant qualifications and BG membership as defined in the eligibility section of this handbook. Any changes to the supervising coach(es) submitted on the online entry system must be notified to the Events Department prior to the event and in exceptional circumstances if changes are required during the event, these must be notified to the Organisers. Changes to Supervising Coaches will only be permitted where the replacement coach meets all of the relevant eligibility requirements.
- **Assisting Coach(es)** are coaches who are permitted on the competition floor and/or warm up hall, but who work under the guidance and responsibility of the Supervising Coach. Assisting Coach(es) must meet all of the relevant eligibility requirements.
- **Officials** are people recruited to assist with the delivery of the overall event i.e Floor Manager, Ceremonies Manager, Spectator Tickets Manager
- **Unattached** means gymnasts who are not members of a BG registered club but hold appropriate BG membership.
-  means it is a hyperlink to official policy statements and other event related information.

Please note: where no specific point is addressed in the regulations, the current FIG rules apply. However, the Organising Committee and its appointed officials reserve the right to define any regulation conflict as is deemed appropriate to ensure a fair and equitable competition.

Contact information

National Competition Organiser Sarah Parker sarah.parker@british-gymnastics.org

British Gymnastics contact details

Events 0345 1297129 ext. 2396 events@british-gymnastics.org


Coach Education 0345 1297129 ext. 2392 coaching@british-gymnastics.org


Customer Service 0345 1297129 ext. 2395 customerservice@british-gymnastics.org

Safeguarding & Compliance 0345 1297129 ext. 2347 ethics@british-gymnastics.org

Technical & Performance 0345 1297129 ext. 2397 worldclass@british-gymnastics.org

National competition calendar

Event & date	Opening date	Closing date	Venue
 British Vets 6-7 August	13 May	Noon - 24 June	Lilleshall N S C

For a complete domestic and international calendar of events please follow link 

Event introduction

British Vets is open to anyone aged 18 and over regardless of experience or ability, with the opportunity to socialise and compete. The event creates a fun and relaxed atmosphere where competitors can meet like-minded people whilst showcasing their gymnastics skills to one another.

Competition categories





Discipline	Artistic		Trampoline		Tumbling		Acrobatic		
	Men	Women	Men	Women	Men	Women	Pairs	Women's Group	Men's Group
Novice	Over 18	Over 18	Over 18	Over 18	Combined age group	Combined age group	Single competition with one balance and one dynamic routine	Single competition with one balance and one dynamic routine	Single competition with one balance and one dynamic routine
	Over 30	Over 30	Over 30	Over 30					
	Over 40	Over 40	Over 40	Over 40					
	Over 50	Over 50	Over 50	Over 50					
	Over 60	Over 60	Over 60	Over 60					
Intermediate	Over 18	Over 18							
	Over 30 (no upper age limit)	Over 30 (no upper age limit)							
Pro	Over 18	Over 18	Over 18	Over 18	Combined age group	Combined age group	Single competition with one balance and one dynamic routine	Single competition with one balance and one dynamic routine	Single competition with one balance and one dynamic routine
	Over 30	Over 30	Over 30	Over 30					
	Over 40	Over 40	Over 40	Over 40					
	Over 50	Over 50	Over 50	Over 50					
	Over 60	Over 60	Over 60	Over 60					
Teams	Min. 3 gymnasts, no max. Mixed abilities, ages and genders allowed.				Min. 3 gymnasts, no max. Mixed abilities and genders allowed.		Min. 1 pair and 1 group + 1 other, max. 2 groups and 3 pairs. Mixed genders allowed.		

Please note: Some categories/levels may be combined if entries are low

Eligibility


Membership

All persons attending British Vets in an official capacity, whether as a gymnast, coach, judge or official are required to hold current BG membership in line with the awards held:

- **Gymnasts**
Membership level must be a minimum of Bronze in order to enter British Vets.
- **Supervising Coaches**
Supervising coaches' membership level must be Gold, Joint Gold or Life Members of BG and coaches must be qualified to the level of the skills being performed before being allowed to participate in British Vets.
Coaches must have attended a Sports Coach UK Safeguarding and Protecting Children Awareness course 
This must be renewed every three years and be valid both at the time of entry and through to the end of the event.
Coaches must also have a valid DBS (formerly CRB) certificate both at the time of entry and through to the end of the event 
- **Assisting Coaches**
Assisting coaches' membership level must be Silver (if Level 1), Gold, Joint Gold or Life Members of BG before being allowed to participate in British Vets.
Coaches must have attended a Sports Coach UK Safeguarding and Protecting Children Awareness course 
This must be renewed every three years and be valid both at the time of entry and through to the end of the event.
Coaches must also have a valid DBS (formerly CRB) certificate both at the time of entry and through to the end of the event 
- **Judges**
Before being allowed to officiate at a BG event judges' membership level must be:
Bronze or Life Members for Club/County/Regional or Zonal judges
Gold, Joint Gold or Life Members for National and Brevet judges
Judges must also hold a current cycle of judging award (Cycle 13).

BG does not require judges to complete a DBS (formerly CRB) to judge at BG competitions, as the role that judges fulfil at the event no longer falls within DBS or Access NI eligibility*.
Judges who are actively involved in club gymnastics and provide judging instruction to children in a training environment or carry out a supervisory/coaching role must complete a DBS by virtue of the specific role they undertake.
As not all judges use their qualification in the same way, it is the club's responsibility to assess the role the judge is undertaking and determine whether the activities involved fall within the eligibility criteria for a DBS.
BG no longer requires all judges to complete safeguarding training but clubs should ensure any judge who supervises or instructs children has completed appropriate training.

*Judges who are involved in Scottish competitions should refer to [Scottish Gymnastics](#) for further guidance as to whether a check is required

For further information on membership levels please visit the British Gymnastics website 

Ability levels

- **Novice**

Competitors must have retired from club competitions for at least one year or be new to the sport

- **Intermediate**

Competitors (Men's and Women's Artistic only) must have retired from county competitions for at least one year

- **Pro**

Competitors must have retired for:

- Two years from International/National competition
- One year from Regional (or above) competition/any competition with an NDP pathway
- One year from Regional D (or above) Trampoline competition

We would like to encourage competitors to enter the correct ability level to ensure British Vets is a fair and enjoyable competition for you all. The Organiser retains the right to move a gymnast into the correct ability level whilst the competition is in progress if it is felt they are competing skills above what is expected for that ability level.

Competitors cannot enter an ability level lower than they have previously entered e.g. from Pro in 2015 to Intermediate in 2016 (unless in exceptional circumstances which must be discussed and agreed by the Competition Organiser)

Eligibility for each ability level within each discipline is stated within the relevant discipline's Code of Points.

Please note: If competitors perform a skill above the difficulty of the ability level entered then a 1.0 mark deduction will be applied to their score as well as any deductions for the skill.

Club membership

In normal circumstances, gymnasts should be a member of a BG registered club.

In exceptional cases, where a gymnast does not belong to a BG registered club they must contact the BG Events Department and may be eligible to enter British Vets. Such gymnasts will be given the classification as being 'unattached'. In such circumstances the gymnasts must nominate a Supervising Coach and must also meet all other membership requirements.

Coaches, judges and gymnasts should bring their current membership cards to British Vets and be prepared for these to be checked by the Organiser or their appointed officials.

Coach qualifications

When submitting entries for British Vets, clubs must ensure that the nominated Supervising Coach(es) is/are qualified to the level of the participant's performance. The practice of supervising participants working above the level of the coach's qualification is not allowed. The caveat that permits coaches to practice one level above their coaching qualification in the coaching syllabus refers to a training environment only and is not permitted at BG events. Its purpose is to enable coaches to practice within the post course guided learning environment following attendance at a course and in preparation for the examination, under the supervision of a BG mentor coach.

Supervising Coaches entered onto the event entry should be the same ones attending the event. Supervising Coaches have a duty of care towards their performers and have responsibility to ensure that they are both qualified

and competent to teach at the appropriate level, as well as ensuring that the participant is adequately prepared, physically and psychologically, for performing their routines in a competition situation.

Additional Assisting Coaches (Level 1 and above) may be accredited, at the discretion of the Organiser, to be present in the competition arena to assist with the pastoral care of the gymnasts. Assisting Coaches may not coach the gymnasts unless they fulfil the requirement of holding a recognised qualification suitable to the level of skills being performed.

Please note: If it is found that a club is in breach of these policies BG reserves the right to reject an entry on the grounds of gymnast safety or, if discovered post performance, to disqualify the competitor and remove their score(s) from the official results.

Safeguarding

All coaches and some judges, (see page 9) are required to hold a current BG recognised Safeguarding & Protecting Children Awareness award. Coaches and judges who do not fulfil this requirement will not be accredited or allowed to participate at BG events.

All gymnasts must have an accredited coach present on the competition floor at all times. If a gymnast attends the competition without a Supervising Coach they will not be allowed to compete.

Age policy

Gymnasts' ages for the purpose of entry to all age dependent categories will be taken as the age reached in the year of the competition.

Nationality

Participation in all BG events is subject to the requirements of membership, club/regional registration and other conditions of entry.

In addition, the following regulations concerning nationality are applicable to all BG events.

- British Championships

Only British citizens¹, those with Indefinite Leave To Remain² in the United Kingdom or those with Right of Abode³ in the United Kingdom are eligible to be ranked in the official competition results, where a British Championships title is being contested. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Those with Indefinite Leave to Remain or the Right of Abode within the United Kingdom must have had their usual place of residence within the United Kingdom for at least two years, prior to the date of the event, in order to be eligible to be ranked in the official competition results.

At the discretion of the British Gymnastics Technical Committee/Organising Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), citizens of other countries may take part in competitions where a British Championships title is being contested. Participation is also subject to approval from the FIG Member Federation of which they are a citizen⁴. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests or Hors Concours.

Gymnasts holding dual citizenship are only eligible to receive a ranking in the official competition results (either as an individual or as part of a team/group/partnership) if they do not hold an FIG license registered by another FIG Member Federation or have not represented another FIG Member Federation.

Citizens of other countries who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee/Organising Committee or Head of Performance Sport to take part in the British Championships. They will receive score(s) but will not receive a ranking in the official competition results. In such circumstances gymnasts will be referred to as Guests or Hors Concours.

- Other British Gymnastics events

At the discretion of the British Gymnastics Technical Committee/Organising Committee and with agreement from the British Gymnastics Head of Performance Sport (or their appointee), citizens of other countries may

take part in all other British Gymnastics' competitions, where a British title is not being contested. Participation is also subject to approval from the FIG Member Federation of which they are a citizen⁴.

Citizens of other countries must have been registered with the British Gymnastics club making the entry for one year prior to the date of the competition in order to be eligible to take part.

They will receive score(s) and will receive a ranking in the official competition results. This is effective for both individual competitions and competitions where gymnasts compete together as part of a team/group or partnership.

Where a competition provides a qualification route to take part in a British Championships, the results of a gymnast who is not eligible to win a British title will not lead to the displacement of an eligible gymnast who would have otherwise qualified for the British Championships.

In exceptional circumstances, citizens of other countries who are not members of British Gymnastics may be invited by the British Gymnastics Technical Committee/Organising Committee or Head of Performance Sport to take part in British Gymnastics events. The Technical/Organising Committee with approval from the Head of Performance Sport will have the discretion to determine whether their scores will contribute towards the official competition results.

- Disclosure

It is the responsibility of the person making the competition entry to ensure that all of the gymnasts have their nationality declared within the GymNET online membership portal.

¹ As defined in the British Nationality Act 1981, which came into force on 1 January 1983


² <http://www.ukba.homeoffice.gov.uk/visas-immigration/settlement/> 

³ <http://www.ukba.homeoffice.gov.uk/britishcitizenship/right-of-abode/> 

⁴ In accordance with Statutes of the FIG 

Competition entries

Entry process

Entry to all national BG events are online only. Complete instructions for adding an entry via the BG GymNET Online Entry Portal are available to download from the BG website. 

Team entries

To submit team entries, please call Tracey Lunn on 0345 129 7129 ext. 2521. Team information will be requested and details of payment will be confirmed.

Methods of payment

Payment can be made by debit card, credit card or BACs payment and should be received by BG within 48 hours of the entry being submitted.

Please note: Entry fees are non-refundable after the closing date.

Late entries

Late entries will only be considered in exceptional circumstances.

In the unlikely event of a late entry being accepted, payment of three times the normal entry fee stated for the competition will be required for individuals (including Acro partnerships & groups). For team late entries the fee will be double.

Late entry requests may be placed on a reserve list and clubs will be notified if their entry is accepted following a withdrawal.

Late entries must be made in writing to the BG Events Department and will then be referred to the Organiser for consideration. The Organiser and BG Events department will have absolute discretion whether to accept a late entry.

Withdrawals & substitutions

Amendments to an entry before the closing date will not incur a penalty and in the case of withdrawals, the entry fee will be refunded. Entry fees are non-refundable after the closing date.

Where it is necessary to substitute a coach the club/region must inform the BG Events Department, so the coach can be checked for membership, awards and safeguarding, before they can be accredited for the Event.

Where, through unforeseen circumstances, this is not possible or, where information has not previously been supplied, the substitute must inform the Organiser immediately on arrival at the venue and produce their coaching award certificate, current BG membership card and a current BG specific DBS and Safeguarding certificates.

Terms & conditions of entry to all competitions

In addition to BG general rules and regulations:

- All entrants agree to be treated by BG appointed medical staff only and be bound by the decision of BG medical staff in relation to their ability to compete in the competition.
- By submitting an inquiry you agree to pay a fee which will be added to the club basket
- You agree to the storing of competition scores. BG will redact your details from the published results unless there is a justifiable reason to reject an objection to publication
- You agree to abide by the BG Photography at Gymnastics Events policy
- The person making the online entry on behalf of the gymnast(s) or a club, undertakes to ensure that those who they are making an entry on behalf of are fully aware of and agree to abide by the contents of this handbook


General Regulations

Registration

Only register yourself/your gymnast(s)/your club when those competing in that section of the event have arrived and intend to compete. Please inform the registration desk of any withdrawals as soon as possible.


Competition attire

Gymnasts

- Wear appropriate clothing ie. Not too loose as to constitute a hazard
- Buckles and clasps must not be worn
- Long hair should be tied back at all times
- Bare feet or gymnastics slippers only when competing in gymnastics
- Socks or gymnastics slippers must be worn when performing on a trampoline
- Glasses can be worn but it is recommended that contact lenses or glasses with flexible frames and straps are worn instead
- Jewellery must not be worn
- Body jewellery must not be worn (exceptions are as per BG Body Piercing and Adornments policy )
- Chewing gum is not allowed at any phase of the competition, including the presentation of the awards

Please note: Refer to the Acro Code of Points for discipline specific competition attire regulations.


Coaches

- Coaches must wear a tracksuit with full length tracksuit bottoms or full length tracksuit bottoms with a collared polo shirt or club/regional t-shirt and appropriate gym/training shoes.
- Long hair should be braided or tied back so as not to obscure vision.
- Coaches will not be allowed on the competition floor if wearing ANY jewellery. If it is impossible to remove items of jewellery they should be taped. Exceptions are as per BG Body Piercing and Adornments policy. 

Non-compliance may result in removal of the coach and consequently, for health and safety reasons, their gymnast from the competition.

Judges

- Judges must wear grey/dark blue/black trousers/skirt and jacket, plus a white shirt
- Men must wear ties as per FIG Code of Conduct
- Black shoes (not sandals) or clean track shoes if required by organizers. Heels which will damage gymnastic floor covering must be avoided.
- Hair must be neat and not inhibit vision.
- Jewellery, if worn, must be professional in appearance

Requests can be made to adopt reasonable clothing modifications at any BG competition on religious grounds only. All requests must be on the official BG Clothing Modification Request Form  and submitted to the Events Department at least four weeks before the competition closing date, to allow sufficient time for full consideration of the application and any possible health and safety implications.

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the main arena during the event.


Order of performance


The order of competition shall be decided according to the competition arrangements made by the Organiser. For the purpose of maintaining a smooth and timely running of the event, or where the safety, security and good performance of the gymnasts is a concern, the Organiser reserves the right to alter the grouping of gymnasts and/or running order of performances as may be deemed necessary.

Wherever practical the Organiser shall produce and circulate to all participating clubs a provisional start list and running order at least 2 weeks before the event.

Music

All music for competition routines must be uploaded onto the GymNET portal at the latest two weeks before the competition date. Music not uploaded by the deadline cannot be guaranteed to be uploaded on the day.

Instructions for submitting music electronically may be found within the online entry guide 

All music used in competition routines must conform to the relevant licensing requirements. Details can be found at the following link 

Competition apparatus

All apparatus will be to current FIG specifications

Tall gymnasts – Uneven Bars

Both bars may be raised by 10cm where a gymnast's feet touch the basic matting while she is hanging on high bar or hips touch the basic matting while she is hanging on low bar.

Where a single bar is used this may be raised so that the gymnast's feet in long hang clears the matting.

The request for the bars to be raised must be at the time of competition entry. The bars will be raised in accordance with the FIG regulations. Unauthorised raising of the bars will be penalised in accordance with the FIG regulations.

Access to Warm-up Hall

Access to the warm up hall will be limited to the appropriate number of coaches as defined in the specific details section for each event. On arrival, coaches will need to register and collect accreditation from the Competition Steward. In the case of events spanning more than one day, separate accreditation will be issued for each day.

Abuse of passes may result in disciplinary action taken by BG.

Judges will not be allowed into the warm up hall once the judges meeting has taken place.

Food & drink

There may be restrictions within the competition areas with regards to food and drink. This is to manage food intolerances & allergies. Details on where to purchase refreshments during the competition will be included within the event work plan.

Babies and young children

In the interests of safety and for the smooth running and professional presentation of British Vets, babies and young children are not permitted to enter the warm up hall or field of play, even if they are being supervised by an adult.

Medical provision

Anyone requiring first aid assistance should speak to either the Competition Steward or the Organiser. It is recommended that all coaches have a first aid kit with them for minor injuries.

At all BG events an official medical team will be appointed and will be available to treat gymnasts who sustain an injury at the event. The medical team are not able to treat pre-existing or chronic injuries.

Any injury occurring during the official training or competition must be reported to the medical team, to ensure a record can be kept of treatment given and by whom.

The decision of the Organiser, based upon the recommendation of the BG appointed Medical Officer as to the gymnast's health and medical status and their ability to compete at the event is absolute and final.

Inquiries

Official inquiry forms are available from the Superior Jury and must be completed and returned to them within 15 minutes of the coach receiving the score slip. Inquiry forms will also be published in the event work plan. If necessary, a coach should register their intention to inquire by approaching the Competition Organiser before completing the form. If a coach has approached the judging panel and discussed a gymnast's score, they may not register an inquiry. A coach may only inquire about the D score.

The Supervising Coach for the club of the competing gymnast places the appeal form with the Superior Jury.

- First inquiry: £25
- Second inquiry: £50
- Third and subsequent inquiries: £75

The placement of an inquiry form becomes a contract to pay the appropriate fee.

This fee will not be collected in cash at the event, but added to the basket of the club/coach concerned, if the inquiry is not upheld.

For the British Championships the form is available from the D1 Judge at each apparatus and must be completed and returned immediately to the Superior Jury with the score slip.

The Superior Jury cannot accept any video or photographic analysis at an event unless an official video replay system is available at each piece of apparatus and could be referred to by the D panel for the benefit of every competitor at the discretion of the Superior Jury.

Medal ceremonies

Except in exceptional circumstances, gymnasts who win a medal at British Vets are expected to remain in the venue until the completion of the competition and participate in the medal presentation ceremony in order to collect their award in person. Competitors must wear their competition attire for the medal ceremonies, in accordance to FIG rules for World Championships.

Pat English Trophy

Pat was an inspiration as both a coach and competitor; right up to the day he died. He amazed everyone when performing a front somersault in his routine, especially when in his 60s. He was so kind, and always willing to help fellow competitors.

The Pat English Trophy is awarded to a competitor, coach or official who shows great sportsmanship; supporting fellow competitors/coaches/officials and spreading infectious spirit throughout the competition.

If you wish to submit a nomination, the form can be found in the Work Plan.

All perpetual trophies remain the property of BG.

The winner is responsible for the safekeeping and maintenance of the trophy and for returning it to the Organiser prior to the competition the following year by either;

- Making arrangements for it to be delivered to the competition venue on the day
- Returning it to the Organiser at least one week prior to the competition
- Returning it the BG offices at least one week prior to the competition

Failure to do this or loss of the trophy will incur a cost to the individual.

Social event

The British Vets 2016 social event will take place on the evening of Saturday 6th August. Further details of the social event will be included within the event work plan.

Please note: The social event is for coaches, competitors, officials and spectators and will be dependent on numbers. There will be a small additional cost to attend.



We recommend booking accommodation at Lilleshall National Sports Centre if you'd like to attend the social event so that you do not need to travel outside of the venue. Accommodation is limited and will be on a first come first served basis so we recommend booking as soon as possible. To book or make an enquiry, please call: 01952 225903.

Video, film and photography

BG accredited photographers may be present at British Vets and in some cases, the event will be videoed and/or live streamed by BGtv. These images may be used by BG and our subsidiary companies for the purposes of promotion, education and development of the sport. They may also be shared with relevant third party organisations for journalistic/promotional purposes.

Clubs must ensure that gymnasts are informed of the photography arrangements for the event. BG will also announce the photography/filming arrangements at the event. Any gymnast who does not wish themselves to be

photographed/filmed at the event must advise the British Gymnastics Events Department or the Organiser. Although it is not always practical to manage the content of live steamed footage, British Gymnastics will ensure any identifiable images of the participant are not published.

Any person wishing to use video, film or take photographs must abide by the BG Photography Regulations . Photos may only be taken for personal use. Unless specifically accredited to do so, you may not take photos for sale, other commercial use, or publication in printed or electronic form, such as on websites. Clubs may publish some photos but this may only be done in accordance with BG Safeguarding & Protecting Children  Policy .

Flash may not be used at any time while gymnasts are warming up or competing.

If you have concerns about the identity or actions of any photographer or if you believe that any unsuitable photos are being taken, you should report your concerns to the BG appointed Welfare Officer at the event.

Health & safety

The health, safety and welfare of all participants (gymnasts, coaches and officials) is the primary consideration. All BG policies and procedures will be rigorously applied with regards to health, safety, welfare and safeguarding & protecting children and vulnerable adults.

Spectator ticket information

Spectator ticket information can be found on the specific event page within the event finder section of the BG website. Tickets can be purchased through GYMSHOP, the official retail partner of British Gymnastics at www.british-gymnastics.org/shop

We recommend you buy tickets from GYMSHOP before the event. Purchasing tickets online through GYMSHOP before the event could save you up to 25% compared to the on-the-door price.

British Vets

Date:	6-7 August
Venue:	Lilleshall National Sports Centre
Opening date:	13 May
Closing date:	Noon 24 June
Entry Fee:	Individuals £30 per person per discipline, £20 per person per additional discipline Teams £30 per team

Eligibility:

- Bronze membership
- 18 years or over
- Individuals can enter more than discipline
- Teams must consist of a minimum of three gymnasts (no maximum) from the same club
- Individuals within teams must all be competing within the same discipline, but differing ages, genders and ability levels are encouraged
- Individuals can only represent one team
- Eligibility for each ability level within each discipline is stated within the relevant discipline's British Vets 2016 Code of Points
- The following retirement rules apply:

Novice

Competitors must have retired from club competition for at least one year


Intermediate

Competitors (Men's and Women's Artistic only) must have retired from County competitions for at least one year

Pro

Competitors must have retired for:

- Two years from International/National competition
- One year from Regional (or above) competition/any competition with an NDP pathway
- One year from Regional D (or above) Trampoline competition

Competition Structure: Competition format is as per British Vets 2016 discipline Code of Points 

Coach Qualifications:

A Level 1 coach will be allowed on the floor if the second coach is Level 2 or above. Please follow the link to check your awards [🔗](#)

Coach Passes:

1 per individual

Tie Breaks:

Ties will not be broken

Awards:

TRA, ACRO, TUM

- Gold, silver and bronze medals for each competition category (all differing ages and abilities)

WAG, MAG

- All-around gold, silver and bronze medals for each competition category (all differing ages and abilities)

Teams for all disciplines

- Trophies for 1st, 2nd and 3rd place

Pat English Trophy